

Safeguarding Policy

Arête Health & Wellness is committed to safeguarding and promoting the welfare of all individuals, including children, young people, and vulnerable adults. Safeguarding is the responsibility of everyone involved in the delivery of services, and all activities are delivered with respect, professionalism, and clear boundaries.

Where services involve schools, educational settings, community organisations, or vulnerable individuals, safeguarding principles are upheld at all times. Appropriate conduct, communication, and professional boundaries are maintained to ensure a safe and respectful environment.

Any concerns relating to the safety or wellbeing of a child or vulnerable adult will be taken seriously and acted upon appropriately. Where necessary, concerns will be reported to the relevant safeguarding authorities or organisations in line with local and national guidance.

Training & Compliance

The practitioner holds an **enhanced DBS check** and is registered with the **DBS Update Service**.

In addition, the practitioner has completed **NHS Safeguarding and Child Protection Training (Levels 2 and 3)** as part of ongoing Continuing Professional Development (CPD). Safeguarding knowledge and practice are kept up to date in line with current guidance and professional standards.

This policy is reviewed periodically to ensure it remains appropriate, proportionate, and aligned with current safeguarding standards.